

IEF Staff & Students Celebrate Healthy Habits During Annual Nutrition and Fitness Fair



On Wednesday March 12th, IEF School held the Nutrition and Fitness Fair in the Cafeteria. This fun fair was coordinated by Ms. Hauser, PE Teacher, in partnership with the Pomptonian Food Service. The event kicked off at 9am and ran every half hour for each of the grade levels at IEF. An array of hands-on interactive games were played while students were able to sample a variety of breads, pasta, fruits, vegetables, and an assortment of bagged healthy snacks. Relay races and the interactive Wii Dance had the children moving all morning long. Please click [here](#) to check out the Green Brook Facebook page for photos taken at the event.

